

Stratagame Project

Elements that cancel communication



Nowadays, communication, in our opinion, is a more important element than ever, on the one hand due to the explosion of virtual communication, which unites but distances us at the same time, and on the other hand due to the need to regain the interpersonal elements in communication. Interpersonal communication is essential for every domain of our lives, whether we refer to our family, friends, and mate or work relationships.

Of course there are many elements that favor good communication, among them being active listening, empathy, assertiveness, etc., but there are also elements that interrupt the communication or even cancel it. This article refers to the elements that cancel or interrupt the communication within the working groups.

Among the elements that can interrupt a communication, at the workplace, the following elements can be found: threats, giving orders, that is to say, the use of power over another person, directing someone, appreciation with the purpose of manipulation, directing without explanations, the unconstructive criticism or changing the subject intentionally.

At workplace, threats can take different forms and in any situation produce fear, resentment, submission and hostility. Threats are expressed in phrases such as: if you do not arrive on time to work, we could fire you ..

As for giving orders, it is a way of using power over another person. When working we can meet these aspects: eg Show up immediately in my office ...Another form is the appreciation with the purpose of manipulation, in which case the interlocutor is put in the situation of hardly refusing an additional activity, for example: .. you are so talented in writing reports, won't you write mine, too?

The forms of interrupting conversation are numerous, and some of them are very subtle such as unconstructive criticism, for example: You complain too often, or intentionally change the subject, e.g. ..it is interesting what you are saying, you know I saw an interesting movie last night.

Knowing all these aspects we can make the decision to avoid these means of communication so that our interlocutor feels respected as our equal, to respect his right to opinion without wishing to make him see things like us, to feel that we respect his decisions, values and experience.

All these aspects of communication are widely presented in the STRATAGAME Project.

