

# Stratagame Project

## DISCUSSION IN PROBLEM-SOLVING



As we saw in previous articles, problems need specific and different solutions depending on their nature; the generic solutions aren't valid for everything. In order to reach the best solution for a problem, the discussion is another essential part of the process.

But discussing is not as simple as seems; it needs some preparation and guidance also to reach the best outcome.

Discussion plays a key role in our lives because it allows us to have different opinions and points of views about the same topic. Its aim should not be convincing the other participants; it should be focused on sharing knowledge about all the available options and beliefs, consisting in a very enriching way to everyone. Through debates and discussions, we are able to learn as well as to decide in the most effective way, knowing all the available choices.

Here we will share some of the most

important points regarding discussion in problem solving:

- First of all, the respect should be always the *conditio sine qua non* for discussions. Respecting other' opinions is the key for the effective communication.
- Collecting all the information. All the involved people should have time enough to express their opinions and points of view about the topic and give feedback as well to the other participants. If we follow this advice, the premature solutions will be avoided!
- Active listening is also a must in the process, as all the involved participants should feel that they are being listened and understood. The feeling of having the same decision responsibility as the other members of the group is a positive outcome that demonstrates the presence of active listening during the process.
- Sometimes, the problems seem simple until the discussion starts. In that point, other additional issues arise, and it becomes more complex to reach a solution.
- Diversity in groups is the best solution always; what is the most difficult for a person can be the easiest for another.

Following these advices, the discussion will be fully profited and the whole picture will be drawn better.

Moreover, the spirit of teamwork and connection amongst the members of the group will be created or enhanced. All these factors joined together, will make easier the participants to reach a common and consensual solution for the problem. And in most of the times, after the discussion, the members will realize of that the solution has been found even without making a great effort, only through listening to the others!

