



Be willing to make mistakes

No one's perfect, and making mistakes is a very human and very real thing that will happen throughout the career. It is normal to make a mistake, how to deal with the aftermath is important and this stage will help improve your adaptation skills. If you learn from your mistakes, learn from them, implement the right solutions, chances are that these mistakes will be one of the most important lessons you will learn throughout your working life.



Source:
<https://pixabay.com/pl/illustrations/b%C5%82%C4%99dy-niepowodzenia-okazja-ostoi-2460733/>

WHY IS IT IMPORTANT TO LEARN FROM MISTAKES?

Experience is the best teacher. Sometimes, it means that we will make mistakes due to insufficient preparation, lack of thought or carelessness. In the past people were taught to be afraid of learning. They believed, it can only lead to making mistakes. Nothing more misleading! Learning from errors is an important part of human development. This is the positive side of doing things wrong.

LEARNING FROM MISTAKES IMPROVES EFFORT AND MOTIVATION

Nowadays, we grow up in a society that pressure to be perfect! We are forced to get the highest marks, to get into the best schools and universities. Parents want their children to be the best so they corrected or even did their homework in order to improve the grades. They do not listen to teachers who tried to point out the pupils' weak points that need to be improved. Children have extra lessons: dancing, football, tennis, horses, languages or math! They should be perfect. Nobody is perfect! Rats' rate. But there is one simple question: how does all this focus on testing and perfection affect students' learning? How they will understand the failure and how we can help them to understand that learning from mistakes has an influence on our development and strength? Learning from mistakes is part of how we encounter ourselves to learn to do things in a different way. It motivates us to try new, innovative approaches to problem-solving. Throughout a lifetime, learning from disappointments helps develop wisdom and good judgment.

Making mistakes is a part of learning - don't be afraid to learn, explore and take on adventures – for true joy awaits you.

We have to remember about the importance of challenging students to learn from mistakes. Learning from mistakes and failures isn't easy. Praising for the intelligence, effort or knowledge can cause resistance in the face of challenge. It is worth to work hard even if we made a lot of mistakes and it isn't a sign of a failure. Quite an opposite – it should motivate people and focus on developing their character strengths, resilience and helping them understands their internal abilities. Don't

rescue people from their mistakes. Instead, let's focus on the solution.

People need encouragement to learn and succeed. Positive words from parents, teachers, and mentors during difficult learning challenges are essential for individual growth and development. Let them know our love is unconditional, regardless of their mistakes or lapses in judgment. We should provide examples of own mistakes, the consequences, and how we learned from them. It is a role of the parent to acknowledge that we don't expect them to be perfect. Help the students look at the good side of getting things wrong and mentor them on how to apologize when their mistakes have hurt others. Praise students for their ability to admit their mistakes for their efforts and courage to overcome setbacks. Encourage to take responsibility for the mistakes and not blame others.