

Open to trend

Your organization has likely undergone major change of one kind or another recently - most of them have. Perhaps as a result you take on new responsibilities or work with different teams or positions.

Maybe your industry is in a state of revolution without two of the same days, or you have had to adjust to working under different managers. All of this means that more important than ever is that you are flexible and react to sudden changes.

What Is Flexibility?

Flexibility is the capacity to **adjust to short-term change** quickly and calmly, so that you can deal with unexpected problems or tasks effectively Here are some examples of how you can demonstrate this:

- Offer to help out another team member if you notice that he or she is overloaded.
- Volunteer to cover a colleague's work while he is on leave
- Consider enabling people to work from home to help them achieve a better **work-life balance**.
- When you run into a problem, **suggest different solutions** to fix it.

There are various other factors when we talk about the word '**flexible**' at work and the importance of flexibility, for example:

1. Open to trend:

In this case, you will find that you can apply for a free and paid search. I hope you get the idea of being close to each other and moving the podium. Quickly reacts to changes.

2. Not rigid in thoughts:

Flexible people are easy to approach because they would accept changes ready to be implemented. They do not show rigidity in accepting the views. Having the flexibility skills in the workplace allows you to push through the changes that are inevitable.

3. Adjusting to situations:

These people can easily adjust to the situation they encounter. They know how to adjust and what to do. They can be relied on when assigned with new projects.

It's futile in showing resistance to changes as it will only cause undue stress. Such employees are ready to take assignments other than what their role was meant to be.

4. Able to negotiate:

Having flexible team members would certainly facilitate the negotiation. Their outlook on the aspect of negotiation is easily identified. They seem to know which portfolio to take into consideration to make that negotiation work out best.

5. Acknowledging others view:

This category of people are prone to the difference of opinions and views. To cater to the change that is needed they know that being able to understand others views is a sign of acknowledgment. So acknowledgment is a good attitude

6. Able to learn:

The changes bring new concepts to learn. Such an attitude of being flexible in the workplace would encourage the employee to learn. As their mind is open to absorb the changes, learning is not difficult for them. They have the initiative to find ways of learning new concepts and become an expert in it

7. Use a different way of approach:

They usually don't approach an issue or problem in a conservative way. They know how to look at the problem to arrive at the solution. The way of approaching is quite different and unique.

There are very few successful individuals or organizations that have gotten where they are by simply doing the same. In fact, great leaders seek and feverishly strive for change, understanding that to be truly innovative and stay ahead of trends, you must accept change. But being able to adapt isn't just about accepting change.

Being adaptable means being eternally optimistic and showing remarkable resilience. Adaptability can be possessed in both attitude and action, and one cannot exist without the other.

Sources: <https://content.wisestep.com/importance-adaptability-flexibility-workplace/>

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